Materials and Methods We conducted a retrospective observational study. We included all patients with MBC in 2007. Using the digital history, sociodemographic variables (age, sex), clinical (histologic type, oestrogen receptor, ER, progesterone receptor, PR, human epidermal growth factor receptor 2, HER-2, progression from primary tumour, appearance and location of metastases, lymph node involvement, survival, deceased) and therapeutic histories (radiotherapy, hormone therapy, chemotherapy) were collected.

Results We included 43 patients with a mean age of 54.5 years (100% female). The most common histological types were infiltrating ductal (60%) and lobular (24.4%) tumours. ER and PR were positive in 75.6% and 50%, respectively. Overexpression of Her-2 was negative in 73.7%. 69.2% of patients with MBC had progressed from primary tumour. The metastatization appeared at an average of 44.1 months since diagnosis. The most common sites of metastases were bone (34.06%), lung (16.48%) and liver (20.86%). 93.9% of patients had lymph node involvement and 77.6% were in the terminal phase. 95.3% of patients had received radiotherapy. Endocrine therapy was used in 24.4% of patients, the most used first-line schemes being: epirubicin/cyclophosphamide/docetaxel (30.6%), cyclophosphamide/epirubicin/fluorouracil (20.4%) and cyclophosphamide/methotrexate/fluorouracil (16.6%) in combination with trastuzumab or not. In successive lines, combinations of vinorelbine, docetaxel, capecitabine, carboplatin, gemcitabine were prescribed. Lapatinib and bevacizumab were used from the fourth-line treatment.

Conclusions Radiotherapy, not indicated in MBC, was used in early stages of the disease. Due to the variability of patients, treatment regimens are diverse and a predefined schema is not appropriate. Bevacizumab and lapatinib were used in late-stage treatment in patients who had not responded to standard treatment.

No conflict of interest.

Background Clofarabine is a purine nucleoside antimetabolite, a second-generation antineoplastic indicated for the treatment of acute lymphoblastic leukaemia in paediatric patients (<21 years) who have relapsed or are refractory after receiving at least two prior regimens and who have no other treatment options that provide a durable response.

Despite progress in leukaemia treatment, most children who relapse have a dismal prognosis. New approaches are needed.

Purpose To assess the effectiveness and safety of clofarabine in paediatric patients with refractory acute leukaemia.

Materials and Methods This was an observational retrospective study. We included all paediatric patients diagnosed with acute leukaemia who received clofarabine as antineoplastic treatment during 2007–2011.

They had received a median of 2 prior lines of treatment. Later treatment schedules used in 83.3% of these patients included 40 mg/m² clofarabine in combination with other chemotherapy drugs with a median of 2 administered cycles. In the rest (1/6) clofarabine was used at 52 mg/m² as monotherapy.

66.6% of patients achieved complete remission and 50% were transplanted.

Mucositis grade IV and pancytopenia were detected in two patients and palmar erythema in one patient. All patients had a transient transaminase increase.

No conflict of interest.

Effectiveness and Safety of Rituximab in Idiopathic Thrombocytopenic Purpura

Background Idiopathic thrombocytopenic purpura (ITP) is an autoimmune disorder characterised by low platelet count and may be responsible for episodes of mucocutaneous bleeding of varying severity.

Purpose The study evaluates the effectiveness and safety of rituximab in patients who have not responded to first-line treatment.

Materials and Methods We performed a retrospective observational study, between 2009–2011, in adult patients who had not responded to first-line treatment (high-dose corticosteroids or non-specific IV immunoglobulins), or who were intolerant to such alternatives. Both splenectomised and non-splenectomised patients were included. The dose employed was 375 mg/m² q7d for four weeks. We considered it a partial response if the platelet count exceeded 50 × 10⁹ cells/L, and a complete response if the count was greater than 100 × 10⁹ cells/L. Previous duration of thrombocytopenia, platelet counts before treatment and after 4 weeks, percentage of patients having a satisfactory response, median time to response, duration, occurrence of petechiae and mucocutaneous bleeding and tolerability of the infusion were examined.

Results We recruited 22 patients, 12 men and 10 women. The mean age of the sample was 55.6 years (range: 19–88) and a previous mean duration of ITP of 7.5 years (range 0.35 to 41). The mean platelet count before treatment was 52.8 × 10⁹ cells/L (range: 6–70), and increased to 120×10⁹ cells/L (range: 23–591) after completion within four weeks.

10 patients (45.5%) experienced a complete response and in 8 patients (36.3%) the response was partial, while 4 (18.2%) patients experienced no response. The mean time to get some response was 2.3 weeks (range 1–4 weeks), and it continued a median of 10.5 months (range: 1–25). Among patients who had some response, in 2 cases petechiae and bleeding were detected again, while in the 3 the platelet count fell below 50×10⁹ cells/L. The other 13 patients who responded continue today with a platelet count within the target range and without clinical symptoms. The infusion was well tolerated in all cases.

Conclusions Rituximab seems an effective and well-tolerated alternative in patients with refractory ITP who require chronic treatment. This study and literature show that more than 50% of patients respond to treatment, and it may be an alternative to splenectomy. However, further prospective studies are required to define the optimal position of rituximab in the treatment of ITP.

No conflict of interest.