FROM THE SURVEILLANCE OF ANTIBIOTICS PRESCRIPTIONS TO LIMITATION OF MULTIDRUG RESISTANT BACTERIA STRAINS: THE ROLE OF THE HOSPITAL PHARMACY IN DEFINING A CARBAPENEM-SPARING-STRATEGY

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Background The anti-microbial resistance (AMR) situation in Italy is worse than in many other EU Member States. The latest EARS-Net 2015 report confirms a high percentage of invasive bacterial isolates with disturbing AMR characteristics, significantly above the EU/EEA average. Klebsiella pneumoniae blood isolates resistant to carbapenems increased from 1.3% in 2006 to 33.5% in 2015. For Escherichia coli, combined resistance increased from 0.8% in 2002 to 14.6% in 2015. Acinetobacter blood isolates resistant to carbapenems is very high: 83% (2012) and 78.3% (2015). The hospital pharmacy plays a major role in monitoring antibiotic prescriptions, in order to limit selection of the resistant bacteria strain.

Purpose Describe the pattern of antimicrobial prescribed with motivated request: focus on critical bacteria strains in order to define strategic intervention programmes.

Material and methods We collected data from the antibiotic prescriptions form June to September 2018. An Excel database was created. We focused on length of therapy, type of infection, antibiotic used, empiric versus target therapy and resistant bacteria strains.

Results We collected antibiotic prescriptions for 148 patients (55% male, 45% female) and 172 infections. Average age was 70.5 years’ old. Average length of therapy was 10.5 days. Prevalent types of infection were: 23% urinary tract infection (UTI); 22% respiratory tract infections (RTI); 14% sepsis; and 10% surgical site infections (SSI). Concerning critical bacteria strains (according to the WHO list): in 28% (11/39) of UTI E. Coli ESBL+was isolated and treated with carbapenems; five Klebsiella Pneumoniae carbapenem-resistant were isolated (four from urinocolture treated with tyglicycline, one from surgical site infections, which required treatment with cefotazolane/tazo-bactam 1.5 g×3 for 2 weeks); one isolation of Acinetobacter baumanii MDR, carbapenem-resistant, responsible of complicated pneumonia, was treated with colistin; and three Pseudomonas Aeruginosa carbapenem-resistant, required treatment with cefotazolane/tazobactam and cefazidime/avibactam, with clinical benefit. Of the total prescriptions 38% were target therapy and 45% empiric therapy; of 148 patients, 54% were treated with carbapenems, 23% with quinolones and 15% with teicoplanin.

Conclusion Our data, although from a short period of time, confirms that carbapenems are the most prescribed antibiotics: their intensive use has contributed to bacteria resistant strains selections. Therefore, actual and future hospital priority is the improvement in a carbapenem-sparing-strategy, through post-prescription review and motivated request.

REFERENCES AND/OR ACKNOWLEDGEMENTS
ECDC country visit to Italy to discuss antimicrobial resistance issues.
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STUDY ON DAPTOMYCIN USE AS A FIRST STEP TOWARDS AN ANTIMICROBIAL STEWARDSHIP PROGRAMME

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Background The use of daptomycin has increased in Spain since its approval and there is a great variability in the dosage and the criteria for its use in clinical practice.

Purpose This study was aimed at reporting the real use of daptomycin in clinical practice, including its efficacy and tolerability as a first measure for the establishment of improvement actions.

Material and methods Observational, retrospective study including all patients who started treatment with daptomycin during the period 1 January 2017 and 31 December 2017 in a Spanish tertiary hospital.

The following variables were collected: age, sex, comorbidities, type of infection, dosage, microbiological results, analytical parameters such as creatinine or creatine phosphokinase (CPK), adverse events and clinical outcome.

Results Overall, 176 patients (61.9% men), median age of 70 years (IQR: 57–79), began treatment with daptomycin during 2017. The median of the Charlson comorbidity index was 3 (IQR: 2–6). Daptomycin was mainly used to treat skin and soft-tissue infections (37.5%), fever without source (17.6%), osteoarticular infection (12.5%) and endocarditis (11.4%). A total of 63 patients (35.8%) presented a concomitant bacteremia.

Daptomycin was prescribed empirically in 58.0% of patients. At the end of the follow-up, microbiological results were available in 89.2% of the total treated patients. Staphylococcus aureus was the most frequently isolated microorganism (58 microbiological isolates, only 10 resistant to methicillin). 43.8% of patients received doses≤6 mg/kg/day, whereas 23.9% received doses>10 mg/kg/day. Infraavailability was observed in at least 49 patients (27.8%), who received doses≤5 mg/kg/day. Daptomycin was administered for a median of 6 days (IQR: 3–13). CPK was only monitored in 47.7% of patients treated with daptomycin for ≥7 days.

Clinical evolution was satisfactory in 77.7% of patients. Total mortality was 17.6% and mortality related to the infection was 7.4%. Five patients discontinued treatment due to adverse events (urticaria, cholestasis, increased CPK and rhabdomyolysis). No cases of resistance to the drug were reported.

Conclusion Daptomycin is a well-tolerated and effective drug but it is often prescribed empirically or in infections not caused by S. aureus methicillin resistant. The follow-up of patients treated with daptomycin should be considered a priority intervention within the Antimicrobial Stewardship Programmes.

REFERENCES AND/OR ACKNOWLEDGEMENTS
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