the chest X-ray at day 3 was observed in 7 of the 9 patients, and no radiological worsening was recorded in the 2 other patients. Median SpO₂ at baseline was 92% (IQR 88–95), with a significant improvement of 97% (IQR 96–98) ($p=0.007$) at day 3. Significant differences were also observed in various laboratory parameters between days 0 and 3. No serious adverse events were observed. On days 3 and 14, no patient had died and none required invasive ventilation. One patient died after 21 days of hospitalisation; the remaining 8 were discharged (length of stay 6–45 days).

Conclusion and relevance In this study of patients with refractory moderate–severe COVID-19, a 3 day course of low dose subcutaneous anakinra was effective and safe, resulting in radiological, clinical and analytical improvement in most cases. These observations require further evaluation in clinical trials.

REFERENCES AND/OR ACKNOWLEDGEMENTS

Conflict of interest No conflict of interest

4CPS-315 EVALUATION OF THE EFFECTIVENESS OF EARLY ADMINISTRATION OF TOCILIZUMAB IN PATIENTS WITH COVID-19

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Background and importance From the beginning of the COVID-19 pandemic, tocilizumab has been positioned as an effective drug to treat cytokine release syndrome, which causes acute respiratory distress in patients with SARS-CoV2 pneumonia. Throughout these months, clinical protocols have been developed that improve the effectiveness, introducing it at the onset of symptoms.

Aim and objectives To evaluate if the change in criteria for treatment with tocilizumab between the first and second waves of the COVID-19 pandemic, introducing it at the onset of symptoms, led to an improvement in its effectiveness.

Material and methods A retrospective observational study was conducted between 3 March 2020 and 15 October 2020 in patients with COVID-19 confirmed by PCR, treated with tocilizumab in a first level hospital. Demographic, clinical and pharmacotherapeutic data were collected from electronic medical records. To compare the effectiveness of treatment between the first COVID-19 wave (3 March to 31 May 2020) and the second COVID-19 wave (31 May to 15 October), we collected for each patient: days from admission to tocilizumab administration, oxygen therapy requirement, ICU stay, hospital stay and survival. Differences between quantitative and qualitative variables were analysed, applying the Student's t test and the χ^2 test ($p \leq 0.005$). Statistical analysis was performed with SPSS22.0.

Results 167 patients (131 men), average age 58.9 ± 12.6 years, were included. During the first wave, tocilizumab was administered to 100 patients. Days (average) until administration was 5 ± 4.4 . Length of hospital stay was 22.9 ± 15.9 days. 39.0% of patients needed a stay in the ICU. Distribution of patients according to requirement for oxygen therapy: 48% high flow (HF) oxygen delivery systems, 19% low flow (LF) oxygen delivery systems and 31% with invasive mechanical ventilation. Two patients did not require oxygen therapy. The mortality rate was 28%. During the second wave, tocilizumab was administered to 67. Days (average) until administration was 2

± 2.2 . Length (average) of hospital admission was 13.1 ± 10.4 days. 10.1% of patients needed a stay in the ICU. Distribution of patients according to requirement for oxygen therapy: 11.6% HF and 88.4% LF. The mortality rate was 11.6%. We found statistically significant differences in length of hospital stay and mortality rate between the two groups.

Conclusion and relevance The study showed that early administration of tocilizumab increased survival, decreased ICU income and shortened hospital stay. A limitation of our study was the lack of comparison between inflammatory parameters before and after administration. Further studies are needed.

REFERENCES AND/OR ACKNOWLEDGEMENTS

Conflict of interest No conflict of interest

4CPS-316 MULTIPLE SCLEROSIS OUTPATIENT PHARMACEUTICAL CARE BY AN IMPLANTED TELEPHARMACY TOOL DURING SARS-COV-2 PANDEMIC

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Background and importance The SARS-CoV-2 pandemic has highlighted the need to avoid exposure of patients to places with a high probability of transmission, such as hospitals. Home delivery makes this possible, particularly in patients with disabilities and those especially vulnerable to coronavirus infection due to their drug therapy or previous pathology, such as multiple sclerosis (MS)

Aim and objectives To describe the telepharmacy system implanted in a teaching hospital for MS outpatients, based on telephone consultations and home delivery medication, from 25 March to 30 September.

Material and methods A logistic system was organised and implemented to ship medication to patient's residence, after a telephone pharmaceutical care interview. The following data were recorded: total home deliveries made by the outpatients pharmacy department (OPD), total patients attended by this system, total home deliveries made by OPD for MS patients and total MS patients attended by telepharmacy. All deliveries for MS patients requiring refrigeration conditions were also registered.

Results From 25 March to 30 September 2020, we performed 2166 home deliveries of 10 different MS medicines (24.0% of the total telepharmacy shipments made by OPD during this period). Up to 772 MS patients benefited from the telepharmacy system (75.0% of the total MS patients attended by our OPD). Almost 20% of these shipments required refrigeration. At the beginning, when lockdown was imposed in Spain, shipments for MS outpatients accounted for 23.2% of the total. Afterwards, with concrete conditions to maintain this system (reduced mobility, elderly, pluripathology), the percentage of MS patients attended by telepharmacy and also home delivery increased to 32.6% of the total.

Conclusion and relevance The development of telepharmacy has become a useful and necessary tool for the delivery of specialised pharmaceutical care, especially during the pandemic where patients with certain medical conditions, such as MS, were at risk. This made it possible to guarantee continuity of care for a large number of MS patients, avoiding hospital