

with 23 patients presenting a hyperproteinic intake and 15 patients with a normal protein intake.

**Conclusion and Relevance** It would be necessary to have a wider variety of commercially available nutritional products in order to meet both the caloric and protein needs of our patients.

#### REFERENCES AND/OR ACKNOWLEDGEMENTS

**Conflict of Interest** No conflict of interest

#### 4CPS-169 PHYSICOCHEMICAL CHARACTERISATION OF ORAL LIQUID FORMS AND REVIEW OF THE LITERATURE FOR SAFE AND EFFECTIVE ADMINISTRATION BY ENTERAL FEEDING TUBES

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**Background and Importance** Although the choice of oral liquid forms facilitates administration in patients with enteral feeding tubes, it can cause adverse effects such as diarrhoea, vomiting or additional gastrointestinal intolerance associated with an osmolality >500 mOsm/L, pH <3.5 and high sorbitol content of these preparations.

**Aim and Objectives** The objective of the study is to obtain updated data on physicochemical and gastrointestinal absorption properties from the main drugs marketed as oral liquid forms in order to establish practical instructions to increase the safety and efficacy of their administration by transpyloric tube.

**Material and Methods** 45 formulations were analysed for which the pH, osmolality and density were experimentally determined in triplicate. In addition, the sorbitol content was reviewed from the descriptions of the technical data sheet. The pH was measured with a pH meter (Crison-2006, Hach-Lange-Spain, S.L.U., Spain). Osmolarity was determined using the Micro-Osmometer-Fiske Model 210 apparatus (John-Morris-Scientific Pty Ltd., Australia). The osmolality data provided (mOsm/kg), is multiplied by the density of the solution (g/ml) to obtain the osmolality (mOsm/L). The density data was obtained with two Nahita densimeters with ranges of 1000–1200 mg/ml and 1200–1400 mg/ml.

**Results** According to the literature, only 23,3% of the drugs presented a similar bioavailability when administered by transpyloric tubes in comparison to oral administration. Of the formulations analysed, only 7% complies with optimal physicochemical properties for transpyloric administration. The causes detected that discouraged a transpyloric administration were that 17,5% had extreme pH values, 92,5% had high osmolarities and 10% contained a high sorbitol content.

**Conclusion and Relevance** In most of the active ingredients studied, the gastrointestinal absorption of the drug is not sufficiently characterised, which generates uncertainty in its bioavailability when administered by transpyloric tube. Most formulations have a high osmolality, so prior dilution is

necessary. The pH values of some of them can be an added factor for the development of digestive intolerances.

#### REFERENCES AND/OR ACKNOWLEDGEMENTS

**Conflict of Interest** No conflict of interest

#### 4CPS-174 EFFECTIVITY AND SAFETY OF CYCLIN-DEPENDENT KINASE INHIBITORS IN METASTATIC BREAST CANCER PATIENTS

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**Background and Importance** Breast cancer is among the most frequent cancers worldwide. Standard of care for locally advanced or metastatic luminal breast cancer is a cyclin-dependent kinase inhibitor (CKI) (abemaciclib, palbociclib, ribociclib) plus endocrine therapy. All three have shown efficacy and safety in clinical trials, but real-life effectivity and safety data is required.

**Aim and Objectives** - To determine real-life progression-free survival (PFS) amongst patients treated with abemaciclib, palbociclib and ribociclib.

- To describe their safety profile.

**Material and Methods** Unicentric, observational and retrospective study, including patients from 11/2017 to 12/2021. No exclusion criteria. Variables obtained: age, gender, treatment start and end dates, reason for treatment termination, adverse events (AE) and severity evaluated by CTCAE criteria.

**Descriptive statistical analysis** percentages for qualitative results and mean, standard deviation (SD) and ranks for quantitative ones. PFS estimated with Kaplan-Meier method, statistical significance being  $p < 0,05$ .

**Results** Patients included: 103, 102(99%) women. Characteristics displayed at table 1:

	Patients (number)	Age (years, mean $\pm$ SD)	Ongoing patients at study end (%)	PFS, median, months (95% CI)
Abemaciclib	20	55.2 $\pm$ 11.8 (30–76)	20	6.5(6–7.04)
Palbociclib	61	60.7 $\pm$ 13.9 (33–86)	24.6	10(3–15)
Ribociclib	22	51.9 $\pm$ 12.4 (33–80)	36.4	11.8(8.5–15.2)
Total	103	57.8	26.2	9.8(7.3–12.3)

At study end, 50.5% had suffered disease progression, while 13.6% had discontinued due to toxicity, 4.9% to death, 1% to personal choice and 3.9% to other reasons; 26.2% still ongoing. Median PFS was 9.8 months (table 1), without statistically significant differences among the three drugs (ribociclib-abemaciclib:  $p=0,055$ ; abemaciclib-palbociclib:  $p=0,12$ ; ribociclib-palbociclib:  $p=0,296$ ). Ribociclib presented the longest PFS and abemaciclib the shortest one.