Use of simulation for education in hospital pharmaceutical technologies: a systematic review

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ABSTRACT

Objectives Because of the inherent risks facing pharmacy technicians, and consequently also patients, initial and continuing education on hospital pharmaceutical technologies is essential. Simulation is a pedagogical tool now widely used in healthcare education. This study’s objectives are to provide an overview of simulation’s current place in the field of hospital pharmaceutical technology education, to classify these uses, and to discuss how simulation technologies could be better used in the future.

Data sources Two pharmacists independently searched PubMed, Embase, and Web of Science on 21 July 2020 and included studies in English or French that used simulation as an educational tool in the field of hospital pharmaceutical technologies, whether in academic teaching or professional practice.

Data summary Our search criteria resulted in 6248 articles, of which 24 were assessed for eligibility and 13 included in the qualitative simulation. Simulation in hospital pharmaceutical technology education is used in three different ways: first, as a playful pedagogical tool, with error-based simulations (cleanrooms and preparation sheets with errors), or game-based simulations (escape games, role-plays, and board games); second, as an electronic tool with virtual reality (virtual cleanrooms and serious games), or augmented reality (3D glasses); finally, to evaluate chemical contamination (fluorescein and quinine tests) and microbiological contamination (media-fill tests) during compounding to periodically reaffirm pharmacy technicians.

Conclusion Further studies, including non-technical skills evaluations, are needed to confirm the usefulness of this innovative technique in training as efficiently as possible actual and future pharmacy professionals.

INTRODUCTION

Pharmaceutical technologies include methods, techniques, and instrumentation in the compounding of drugs and other preparations used in the diagnosis and treatment of patients. These drugs can be sterile or non-sterile. In the case of sterile drugs, the work environment is a cleanroom with a laminar flow hood or isolator, and aseptic techniques are required to maintain sterility throughout the process.

Healthcare simulation is a technique that creates a situation or environment to allow persons to experience a representation of a real healthcare event for the purpose of practice, learning, evaluation, testing, or to gain understanding of systems or human actions. In other words, simulation makes an experimental situation as close to reality as possible.

The efficacy of simulation methods depends on the trainer’s perspective of the three axes of simulation fidelity: environmental fidelity, concerning the extent to which the simulator duplicates sensory information from the environment (a simulated cleanroom that looks like a real one); equipment fidelity, concerning the degree to which the simulator duplicates the appearance and feel of the real system (isolator or laminar flow hood identical to the one used daily); and psychological fidelity, concerning the degree to which the trainee perceives the simulation to be a believable surrogate for the real task.

The French National Authority for Health lists three categories for simulation techniques in healthcare: human simulation (standardised patients, role-playing), synthetic simulation (procedural simulators, patient simulators), and electronic simulation (3D environments, serious games, virtual reality, augmented reality). This classification is representative in medicine, and particularly in surgery or anaesthesia where simulation is regularly used, but is less appropriate for pharmaceutical courses and especially for hospital pharmaceutical technologies (HPT) where simulation is still in its infancy.

Several studies have shown the positive impact of using simulation in the training of pharmacy students and pharmacists to improve technical skills (medicines reconciliation, medical emergencies, order verification) and non-technical skills (communication, attitude, empathy). The above competencies mainly concern clinical pharmacists and their relationships with patients. It is hard to find simulation-based training dedicated to pharmacists working in pharmaceutical technologies, especially in hospital.

However, using simulation could enhance numerous pharmaceutical technology skills such as developing technical and functional expertise (training in routine or exceptional technical manipulations and implementing individual or team procedures such as hygiene or preparation of an isolator), building problem-solving and decision-making skills (in risk management—reproduction of adverse events, ability to cope with exceptional situations—of medication errors, broken vials, or extravasation and training in diagnostic and therapeutic clinical reasoning such as the analysis of prescriptions or preparation sheets), and promoting interpersonal, communication, and team-based skills (behaviour management of professional situations, teamwork, and communication using stress management or effective team communication). Considering these potentials, we decided to review the literature about the different uses of simulation
in HPT. We believe that this literature review could help pharmacists in the conception and promotion of educational actions involving the use of simulation for HPT.

The present study’s objectives were: (1) to provide an overview of simulation’s current place in the field of HPT education; (2) to create a classification specific to HPT inspired by the HAS classification; and (3) to discuss how simulation in HPT could be better used in the future.

MATERIAL AND METHODS

Data sources
This systematic review was performed according to the Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) guidelines.13 The research strategy consisted of searching for relevant article titles and abstracts in the PubMed, Embase, and Web of Science databases. Keywords were chosen by consensus between the authors, with regards to our objectives. The words ‘pharmaceutical technology’ or ‘pharmaceutical technologies’ are rarely used in scientific articles which usually focus on a specific area of that field. That is the reason why the words ‘cytotoxic OR chemotherapy OR aseptic OR parenteral nutrition’ were selected for the pharmaceutical technologies axis. The word ‘education’ would have been too discriminating, therefore, it was not included among our keywords and only ‘AND simulation’ was used for the pedagogical method axis. An additional manual search was also conducted in the bibliographic reference lists of selected articles and in the journals and archives of specific congresses on pharmaceutical technologies.

Inclusion and exclusion criteria
Inclusion criteria were: design or use of simulation tools for education in pharmaceutical technologies, in initial education (university) or continuing education (hospital), published articles in English or French, and availability of the whole article. Exclusion criteria were: mathematical, computer, molecular, robotic, or cost simulation models.

Analysis
Two pharmacists (AG and RV), working independently, searched the literature on 21 July 2020 using the chosen keywords, and selected articles based on their titles. These articles were sorted using their abstracts, and duplicate entries were eliminated. An analysis file spreadsheet (Excel) was created to collect the relevant data from each article. After a reconciliation of the results (comparing Excel spreadsheets), any discrepant opinions about article selection were discussed with a third author (PB) in order to reach a consensus. A final synthetic table was created from the detailed analysis file: author; title; year of publication; journal; country; study objectives; type of education—initial or continuing; field—chemistry or aseptic techniques; number and types of participants—pharmacists or pharmacy technicians; study length; evaluations of study limitations, impact, and Kirkpatrick evaluation levels (Reaction, Learning, Behaviour, Results) which are commonly used for evaluating training.14

RESULTS
The search strategy is presented in figure 1 and summaries of the included studies can be found in tables 1 and 2. Most of the simulation studies were carried out in France (54%; n=7), with the others occurring in Switzerland (15%; n=2) and the USA (31%; n=4). Continuing education for professionals was represented (77%; n=10) more than initial education for students (23%; n=3). The training topics were competencies in the preparation of chemotherapies (31%; n=4) or parenteral nutrition (8%; n=1) and aseptic techniques for handling chemotherapies or other products (61%; n=8). Simulation-based training (SBT) sessions were proposed in different settings, including real-life cleanrooms in daily use (42%; n=5), simulated cleanrooms (42%; n=5), and virtual cleanrooms (16.7%; n=2). Participation was mandatory (8.3%; n=1), voluntary (16.7%; n=2), or not mentioned (75%; n=9).

When participants were pharmacists and pharmacy technicians (62%; n=8), the number of participants ranged from nine to 20 people. Sometimes participants were gathered from several hospitals (15%; n=2), thus increasing the number of participants from 45 to 72 people. When students were involved (23%; n=3), this number ranged from 109 to 150.

DISCUSSION
To our knowledge, this is the first systematic literature review investigating the use of SBT in HPT. It highlights the limited number of published articles on this subject, since only 13 articles were reviewed, both in academic teaching and professional practice. Our research revealed that the use of SBT in HPT could be separated into three categories summarised in figure 2: the use of simulation as a playful tool, simulation using electronic tools, and simulation as a contamination verification tool.

Simulation as a playful tool
The error-based simulation
The chamber of errors, also called the cleanroom of errors,15,16 the isolator of errors,17,18 or the controlled atmosphere area of errors,19,20 is an SBT approach where participants are asked to observe and report any of the several mistakes intentionally presented in a training room21,22 or on chemotherapy preparation sheets.23,24 The global objective of these studies is to assess pharmacy technicians’ knowledge of appropriate chemotherapy preparation practices. Some of these mistakes, which could lead to consequences for the patient (administering an expired medication or an overdose of vincristine, dispensing the wrong form of a drug), are major errors which participants are expected to spot.21

Integrating learning through errors into simulation approaches probably improves several competencies because trainees actively explore their environment and are explicitly encouraged to make and learn from mistakes, while competencies requiring improvement are pointed out. Error-based simulation is not only a game but also a cognitive model of safety improvement.
The game-based simulation

Using games—structured tasks forcing participants to interact according to a set of rules—captures the essence of real-life situations. Very few published, innovative, game-based simulations exist in the field of pharmaceutical technologies. One good example is the escape room for learning good manufacturing practices.\textsuperscript{25} In addition to testing learners' theoretical and practical knowledge, the escape room for learning good manufacturing practices emphasizes safe medication practices.\textsuperscript{25} At that time, it was challenging to find a suitable facility to host the sessions, access knowledgeable individuals capable of validating the virtual environment, and work within the limits of technology. Then a cleanroom simulator called LabQuest was developed to show that professionals trained using this system performed better than those trained using the traditional methods of video, quizzes, and PowerPoint presentations.\textsuperscript{31} This study is particularly interesting because it compared two homogeneous populations undergoing two different types of training.

As a mix between virtual reality and error-based simulation, the Association for the Digital and the Information for Pharmacy (ADIPH) created a serious game including 60 errors in its SimUPAC 360° virtual cleanroom.\textsuperscript{33}

Simulation using electronic tools

Virtual reality

In 2011 the first virtual cleanroom was created to cultivate students' confidence in preparing intravenous medications appropriately while emphasizing safe medication practices.\textsuperscript{31} Despite the discrepancy between role-playing and reality, students were able to apply the knowledge needed for the preparation of chemotherapy, such as a Trivial Pursuit-type game, a 37-card game, or a snakes-and-ladders board game.\textsuperscript{26–30} All of them have been well received thanks to their engaging visual, interactive, playful, and collaborative aspects.

Augmented reality

Augmented reality's use in the field of educating employees about pharmacy technologies is still in its infancy, but results are encouraging. For the preparation of injectable drugs, 3D glasses can be used to reduce the number of medication errors related to a lack of information, by giving the step-by-step instructions.
### Systematic review

<table>
<thead>
<tr>
<th>Article information*</th>
<th>Article profile</th>
<th>Outcome</th>
<th>Results before and after simulation</th>
<th>Other key information</th>
</tr>
</thead>
</table>
| **Loboda et al**¹⁻²¹  
*J Oncol Pharm Pract* (2017; France)  
Assessing pharmacists’ (PA) knowledge level in chemotherapy preparation according to their capacity to detect errors in preparation simulations  
Participants: 15 PA  
Participation: NM  
Simulated training room  
Equipment: Laminar flow hood  
Topic: Chemo  
Average score in finding errors (score/20)  
Detection rate of major errors (ME) | Before: NA  
After: 59% (35–80%)  
Detection of errors (score/25) | Positive staff feedback  
Negative comments: discrepancy between role-playing and reality +lack of feedback  
Study time: 1 year  
Simulation time: 20 min  
Kirkpatrick level: 1 | |
| **Cotteret et al**²⁻²¹  
*J Oncol Pharm Pract* (2019; France)  
Investigating pharmacy staff’s backgrounds and knowledge by replicating a cytotoxic preparation unit and 14 situations involving errors  
Participants: 20 pharmacists and pharmacy technicians (PT)  
Participation: Voluntary  
Simulated training room  
Equipment: Isolator  
Topic: Chemo  
Rate of correct answers (score/14)  
Which professional identifies which type of error? | Before: NA  
After: 58% (39–77%)  
Errors in dispensing steps: more were identified by pharmacists  
Errors in chemical contamination: more were identified by PT | Satisfaction level: 8.7±1.0 out of 10  
All respondents were satisfied/very satisfied: workshop considered relevant and improving expertise  
Study time: 1 month  
Kirkpatrick level: 1  
Expert group: 2 senior hospital pharmacists and a pharmacy student | |
| **Sarfati et al**²⁻²¹  
*J Clin Pharm Ther* (2014; France)  
Assessing the effectiveness of a simulation-based learning programme for preventing errors in the preparation of injectable antineoplastic agents  
Participants: 12 pharmacy professionals  
Participation: NM  
Real-life room in daily use  
Equipment: NM  
Topic: Chemo  
Detection of errors (score/25) | First simulation: 52%  
Second simulation: 80% (p=0.04)  
1 year later: 84%  
1 year + 3 months later: 80%²⁻²⁴ | Study time: 5 months  
Expert group: 5 senior hospital pharmacists, experts in oncology  
Impact: awareness of risks during the preparation of injectable cancer drugs  
Kirkpatrick level: 2 | |
| **Berthod et al**⁵⁻⁵  
*J Oncol Pharm Pract* (2019; Switzerland)  
Evaluating improvements in knowledge about GMP and assessing participants’ increase in certainty (personal confidence) and their appreciation of the programme  
Participants: 72 professionals  
Participation: Voluntary  
Training room  
Equipment: Vertical hood  
Topic: Chemo  
Correct answers  
Weighted score  
Degree of certainty (personal confidence) | First questionnaire: 57%  
Third questionnaire: 80% (p<0.001)  
Before: 229/460  
After: 322/460  
Before: 3.9/6  
After: 5.1/6 (p<0.001) | 81%: experience would improve daily practice  
17%: not relevant for daily work  
27%: a few questions were ambiguous  
Study design and setting: many weeks  
Expert group: 4 senior pharmacists, 1 PT  
Kirkpatrick level: 1, 2 | |
| **Denami**²⁻²¹  
*Pharm Technol Hosp Pharm* (2016; France)  
Design and develop a cleanroom simulator, LabQuest (LQ), and show that professionals trained with LQ perform better than those trained using traditional methods (videos, QCM, PPT)  
Participants: 45 professionals  
Participation: NM  
Virtual room  
Equipment: Aseptic filling machine  
Topic: As. Tech  
Accomplishing gestures and procedures  
Detection of relevant errors | Traditional: 57.5%  
LabQuest: 87.6%  
Traditional: 52.2%  
LabQuest: 89.3% | Expert group: NM  
Kirkpatrick level: 2 | |
| **Harrison et al**⁻²⁻²¹  
*Am J Health Syst Pharm* (1996; USA)  
Provide direct observation and feedback to assess proper techniques for handling cytotoxic agents using a fluorescein test (0.5 mg/mL)  
Participants: 13 professionals  
Participation: NM  
Real-life room in daily use  
Equipment: Vertical hood  
Topic: As. Tech  
Average score  
Positive contamination  
Written test scores | Before: 51±1.1%  
After 3 months: 84±1.14% (p=0.006)  
Before: 92%  
After: 23% (p<0.008)  
Before: 89.8±6%  
After: 85±5.9% (NS) | Expert group: NM  
Timing: 26 hours to conduct the study  
Kirkpatrick level: 2 | |
| **Favier et al**²⁻²¹  
*J Pharm Clin* (2003; France)  
Prove the benefits of using a fluorescein test to evaluate how procedures are followed and raise awareness about causes of environmental contamination by cytotoxic drugs  
Participants: 9 professionals  
Participation: NM  
Real-life room in daily use  
Equipment: Hood  
Topic: As. Tech  
Average score  
Before: 75% (E1)  
After: 88% (E4) | Expert group: NM  
Timing: significant investment in time for the pharmacist  
Kirkpatrick level: 2 | |

*Continued*
Systematic review

Simulation as a contamination verification tool

Chemical contamination

The fluorescein test is a chemical contamination simulation process with two big advantages: it is safe, and contamination is easily visible under ultraviolet (UV) light. This method enables an assessment of the actions leading to contamination, as well as the frequency, location, and volumes of those contaminations. All these parameters are essential to knowing and controlling the exposure faced by pharmacy technicians, and this method, developed 25 years ago, is still used for validating them. Other studies replace fluorescein with quinine. Quinine solution is non-toxic and fluorescent under UV light, but it is also colourless, preventing pharmacy technicians from seeing contamination directly and modifying their actions during production. One of the studies reviewed showed no correlation between contamination rates and pharmacy technicians’ experience, but provided specific, individualised training when contamination quantities were over 10 µL. Others used the same method to insist on collective awareness of contamination risks and to work on improving manipulation gestures.

Table 2  Continued

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*Article information: author, journal, year, country, type of education (continuing education or initial education), study’s objective
As. Tech, aseptic technique; Chemo, chemotherapy; GMP, good manufacturing practices; MFT, media-fill test; NA, not applicable; NE, not evaluated; NM, not mentioned; NS, non-significant; PPT, PowerPoint; QCM, multiple choice question.

to the pharmacy technician in an ergonomic and practical way. Test feedbacks are positive, but efficiency results are unavailable for the moment.

Figure 2  Ways of using simulation for education in hospital pharmaceutical technologies.
These educational approaches are interesting because pharmacy technicians can visualise and account for chemical contamination in real-time. It seems more appropriate to use quinine in such evaluations because its solution resembles the drugs handled regularly in hospital pharmacies, being mostly colourless. These tests thus appear essential for validating new pharmacy technicians and requalifying them periodically in order to detect any problems during manipulation.

Microbiological contamination
The media-fill test (MFT), sometimes known as ‘process simulation’, validates the pharmacy technician’s ability to maintain sterility throughout the manufacturing process. Microbiological growth medium is used in place of the drug solution to test whether aseptic procedures are adequate to prevent contamination during real-life drug production. As there is a significant microbiological risk during the preparation of parenteral nutrients or chemotherapy, the MFT is a very good means of evaluating pharmacy technicians. The result necessary for the validation of an MFT is zero microbiological growth. It was found that cases of microbiological growth were always linked to Enterococcus faecalis and directly correlated to poor aseptic technique, and that contamination during aseptic compounding was linked to human errors rather than environmental contamination. The MFT is used to validate how pharmacy technicians manipulate their equipment and is thus considered a pedagogical tool. If a pharmacy technician’s manipulations lead to microbiological growth, then they must be retrained in that particular manipulation gesture.

Perspectives for improvement
Evaluation and educational content
Strengthening and improving the use of simulation in educating pharmacy technicians about HPT requires permanent evaluation and adjustment of the methods used. Only five of the 12 articles considered reported collecting information on trainee satisfaction (Kirkpatrick’s level 1). This ranged from a group discussion during a meeting to an individual survey composed of three questions using Likert scale responses. Such heterogeneity and subjectivity could be reduced by evaluating the relevance of the training content and the trainee’s involvement as the training progresses, as suggested in the New World Kirkpatrick Model. Although level 2 evaluation was more common, with seven out of 12 articles reporting a pre/post-assessment of knowledge, we believe that it is still not enough to justify scientifically the use of simulation over other training methods. Level 3 evaluation measures the impact of training on daily practice and is considered the most difficult part of training to evaluate. Indeed, none of the studies included in this review reported it.

Finally, level 4 aims to evaluate the impact of the training on patients, which none of our reviewed studies managed, or on the institution. LabQuest claims a training cost saving of at least €1500 per new employee but, in this review, only two studies mentioned its costs in terms of material, time, and human resources. If a positive return on investment represents the holy grail of SBT, the lack of studies including this aspect does not work in this educational approach’s favour. Some authors have proposed a framework for calculating the return on investment in the field of healthcare, and this might be adaptable to the field of HPT. However, it is more likely that the future evaluation of SBT is based on the return on expectations, a collaborative process where the sponsor’s expectations are identified and transformed into criteria of success, which are themselves transformed into assessment criteria.

Monitoring non-technical skills
A competency is the sum of knowledge, skill, and attitude. A study assessing non-technical skills in a group of 15 pharmacy technicians showed a low score in leadership, commitment and work quality, which are all related to teamwork attitude. However, the importance of teamwork, communication, and collegiality—as non-technical skills—was neither assessed nor discussed in any of the studies reviewed. There is a need, in the future, to develop this field.

CONCLUSION
This study reviews all the simulation-based training used for education in hospital pharmaceutical technologies, both in academic teaching and professional practice. The classification proposed in this paper—playful tool, electronic tool, and verification tool—provides a state of the art but will certainly evolve in parallel with the evolution of evaluation methods and the recognition of non-technical skills as a fully-fledged subject of learning. Further studies are needed to confirm the usefulness of this innovative technique in training as efficiently as possible actual and future pharmacy professionals.

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